

## **Deacon Paul Writes:**

Do you ever wish you could sit in a quiet place, alone with Jesus of Nazareth, to tell him about your joys and woes, fears and hopes, and to feel the warmth and consolation of God's love?

Well you can, you really can, in the Spirit who is gifted to you.

*"When the Son completed the work which the Father had entrusted Him on earth the holy Spirit was sent on the day of Pentecost to sanctify the Church unceasingly and thus enable believers to have access to the Father through Christ in the one Spirit".*

So the Church teaches us from Vatican II (Lumen Gentium). But let's unpack it a bit.

*"When the Son completed the work"* - Jesus (the Son) became man, lived a fully human life, preached and healed, established the foundations for his Church by gathering around him 12 Apostles and numerous disciples, suffered his Passion and was put to death, Rose from the dead, and Ascended to the Father. That, in crude sum total, was *"the work which the Father had entrusted to him"*.

*"the Holy Spirit was sent on the day of Pentecost"*- present in the world from the beginning, this was a unique outpouring which ignited, kick-started, the life of the Church, transforming the Apostles, together with many other disciples, from frightened and confused men and women into fearless proclaimers of the Good News.

*"to sanctify the Church unceasingly"* - this outpouring at Pentecost was in itself unique but at the same time was the dramatic beginning of something ongoing, an everyday process for all the baptised who would follow, including you and me.

*"and thus enable believers to have access to the Father through Christ in the one Spirit"*: oh, wow! Do we, as baptised Christians, realise what that means? Do we sufficiently value this gift which we alone in the world are given, which non-Christians do not have? Sadly, of course not, so let's pray daily:

*Come Holy Spirit, fill the hearts of your faithful,  
and kindle in us the fire of your love.  
Send forth your Spirit and we shall be created,  
and you will renew the face of the earth.*

And if we make the time and put in the effort we shall find we too can come to sit quietly with Jesus of Nazareth and, in the Spirit, so have access to God our Father.

Happy Pentecost!

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## **Notices:**

**A reminder that all weekday Masses at the Towers are at 4.30pm.**

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**Cakes in the hall after Mass!** Sara, Agnieszka and Paolo's daughter, is going on the Arundel and Brighton Diocese pilgrimage to Lourdes in the summer as a Red Shirt volunteer. This Sunday, Pentecost, Sara will be selling cakes in the hall after Mass in order to raise funds to pay for her travel and her stay in Lourdes.

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**The House Groups meeting this week are:**  
*Wednesday 27th afternoon - 3pm at the Convent*  
*Thursday 28th evening - 7.30pm at 'Sunnyside', Upper Station Road*

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## **Notices cont/d...**

Our Sunday morning Children's Liturgy is currently postponed whilst the First Holy Communion instruction takes place in church after our Sunday Mass.

For more details contact Andreia Gaio by [email: andry\\_nunes\\_18@hotmail.com](mailto:andry_nunes_18@hotmail.com)

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**Thank you from Domenico:** A massive thank you to everyone who contributed so generously to my cake sale last Sunday. We raised an extraordinary amount which will go towards donations for the girls and the Naning'oi School and Refuge in Kenya. I am sure they will be extremely welcome. Thank you (or Asanti Sana in Swahili.)

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**Next Sunday 31st May is our 10am Thanksgiving Mass for Deacon Seamus and Deacon Paul's Ministry and in Celebration of their 80th Birthdays and Deacon Paul's Silver Jubilee.**  
**Mass will be followed by brunch in the hall - please bring your tickets with you.**

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**Young Adults' Corpus Christi Evening, 3rd June, 7pm to 9pm at Arundel Cathedral.** Hosted by the Diocesan Youth Team, the evening will include Praise and Worship music, a Holy Hour including time for Adoration and personal prayer, and a talk on the history of the Carpet of Flowers. Pub and pizza social to follow for those who wish to join. [Click to find out more & book.](#)

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**Arundel Cathedral's Corpus Christi Carpet of Flowers is on Wednesday 3rd and Thursday 4th June.** Experience Arundel's beautiful Carpet of Flowers. View the carpet on Wednesday 9.30am to 7pm and also Thursday 9.30am until 5.30pm when Mass begins followed by procession of the Blessed Sacrament from the Cathedral to the courtyard of Arundel Castle, for Benediction.

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**Group Together** is a development of the old Grandparents' group. It exists, for those who are, or soon will be, retired, to enable us to meet socially and offer mutual support. There is normally a short reflection by Deacon Paul and we often have a completely voluntary collection for some charity. In the coming weeks it will be for Hands for Hope, a Uganda-based charity run by our parishioner Joe Cumiskey. We aim to meet every six weeks or so, but obviously no one can be there for every gathering.

We are hoping to relaunch the group on 4th June at 6pm, when Fr. Hugh has kindly offered to say a house Mass at Alice Gaynor's ('Poplars', Upper Station Road). This will be followed by a Gin and Tonic evening (non alcoholic drinks will also be available).

Details of the next two events will follow nearer the time but currently are:

7th July - Afternoon tea at Patsy's and 11th August - Afternoon tea at Brigid's.

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**The Partridge Green Players** present "Get Riche", a play written by our very own choir member Angie Barrett, on Wednesday 10th to Saturday 13th June at the Partridge Green Village Hall. Tickets cost £10 per person and are available via Ticket source. There will be raffles supporting local charities and the players group. Everybody is welcome. See the poster in the porch and scan the QR code for full details and tickets.

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**Pilgrimage of Reparation & Consecration, Saturday 18th July 12pm to 4.15pm, Church of Our Lady of Consolation & St Francis, West Grinstead, RH13 8LT.** The day includes Holy Mass, a personal Consecration to Our Lady, the Glorious Mysteries of the Rosary, Exposition, Chaplet of Divine Mercy, Adoration and Benediction. Tea/coffee provided but please bring a packed lunch. No need to book but more details at: [jayne.lock1@gmail.com](mailto:jayne.lock1@gmail.com).

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## **Notices cont/d...**

**The 2026 Diocesan Pilgrimage to Lourdes is 24th to 30th July (air) or 23rd July to 31st July (coach).** Applications for helpers, clinicians and independent pilgrims are open. For more details and to apply: <https://www.abdiocese.org.uk/lourdes/apply>

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**The Henfield Community Fridge** opens at Henfield Leisure Centre at 5pm on Tuesdays and on Fridays and Saturdays at 9am. Once the food is gone they close!

**The 'Horsham Matters' Food Bank** "Hub on the Move" comes to the Henfield Library Car Park on Thursdays from 11.30am to 12.30pm

*Any food donations for the food bank may be left as usual in the basket in the Narthex and our thanks to all who continue to donate items and support the food bank.*

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If you would like to receive the weekly E-Bulletin from the A&B Diocese with all the news and events then go to their website and click on the link to register.

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### **DATES FOR YOUR DIARY**

**TODAY Sunday 24th May - Pentecost - 10am Mass**

**Wednesday 27th - House Group**  
3pm at the Convent

**Thursday 28th - House Group**  
7.30pm at 'Sunnyside', Upper Station Road

**Sunday 31st May - The Most Holy Trinity - 10am Thanksgiving Mass**  
*for Deacons Seamus and Paul, followed by brunch in the hall*

**Thursday 4th June - 6pm Group Together House Mass**  
at Alice Gaynor's home 'Poplars', Upper Station Road  
followed by G & T evening

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The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878